

PHYSICIAN'S ORDERS  
THYROIDECTOMY DISCHARGE (Adult)

Allergies: \_\_\_\_\_

To complete the order form, fill in the required blanks and/or check the appropriate boxes.  
To delete orders, draw one line through the item and initial.

**ENDOCRINE ORDERS**

Patient continues to be eligible for early discharge

Prescription for \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

MD SIGNATURE

**SURGEON ORDERS**

Notify MRP or endocrinologist post op day 2 of 06:00 serum calcium result to assess for discharge

**Discharge:**

Discharge day 2 at 08:00 if the following discharge criteria are met:

- Received notification from MRP or endocrinologist that serum calcium is acceptable for discharge
- No evidence of symptomatic hypocalcemia, Chvostek/Trousseau signs negative
- No evidence of respiratory difficulty
- No evidence of post operative bleeding or neck hematoma
- Able to ambulate in the room without assistance
- Tolerating at least a full fluid diet
- Pain controlled with oral analgesia
- The patient should have a good understanding of post operative instructions including symptoms of hypocalcemia

**Medications:**

Prescription for \_\_\_\_\_

**Follow up:**

Follow up in surgeons office in \_\_\_\_\_ week(s), call for appointment  
**OR**  
Follow up in ambulatory care in \_\_\_\_\_ week(s), call for appointment

**Other Orders:**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

MD SIGNATURE

