

**PHYSICIAN'S ORDERS  
DEEP VENOUS THROMBOSIS  
(SUSPECTED FIRST EVENT) (Adult)  
OUTPATIENT MANAGEMENT**

Weight: \_\_\_\_\_(kg)

Allergies: \_\_\_\_\_



**To complete the order form, fill in the required blanks and/or check the appropriate boxes.  
To delete orders, draw one line through the item and initial.**

Clinical Parameter	Circle correct response	Yes Score
<i>NOT validated for upper limb DVT or recurrent DVT</i>		
Active Cancer (treatment ongoing or within previous 6 months, or palliative)	yes / no	1
Paralysis, paresis, or recent plaster immobilization of the lower extremities	yes / no	1
Bedridden for greater than 3 days or major surgery within previous 4 weeks	yes / no	1
Entire leg swollen	yes / no	1
Calf swelling of greater than 3 cm when compared with the asymptomatic leg (measured 10 cm below the tibial tuberosity)	yes / no	1
Pitting edema greater in the symptomatic leg	yes / no	1
Collateral nonvaricose superficial veins	yes / no	1
Localized tenderness along the distribution of the deep venous system	yes / no	1
<i>Alternative diagnosis as or more likely than DVT</i>	yes / no	-2
<b>Total Score</b>		<input style="width: 100px; height: 20px;" type="text"/>

**Calculate Probability Score, then (see algorithm on back):**

**High Probability (Greater than or equal to Score of 3)**  
Venous Doppler as soon as possible  
If delay in booking Venous Doppler, treat patient with Low Molecular Weight Heparin (LMWH)  
Complete Preprinted Physician Order - LMWH Venous Thrombosis Outpatient Management

**Low or Moderate Probability (Less than or equal to Score of 2)**  
D-dimer

Date: \_\_\_\_\_ Time: \_\_\_\_\_

\_\_\_\_\_ **MD SIGNATURE**

**When D-dimer results back, then (see algorithm on back):**

**Low or Moderate Probability (Less than or equal to Score of 2) and D-dimer negative**  
Discharge patient from ER

**Low Probability (Less than or equal to Score of 0) and D-dimer positive**  
Venous Doppler as soon as possible

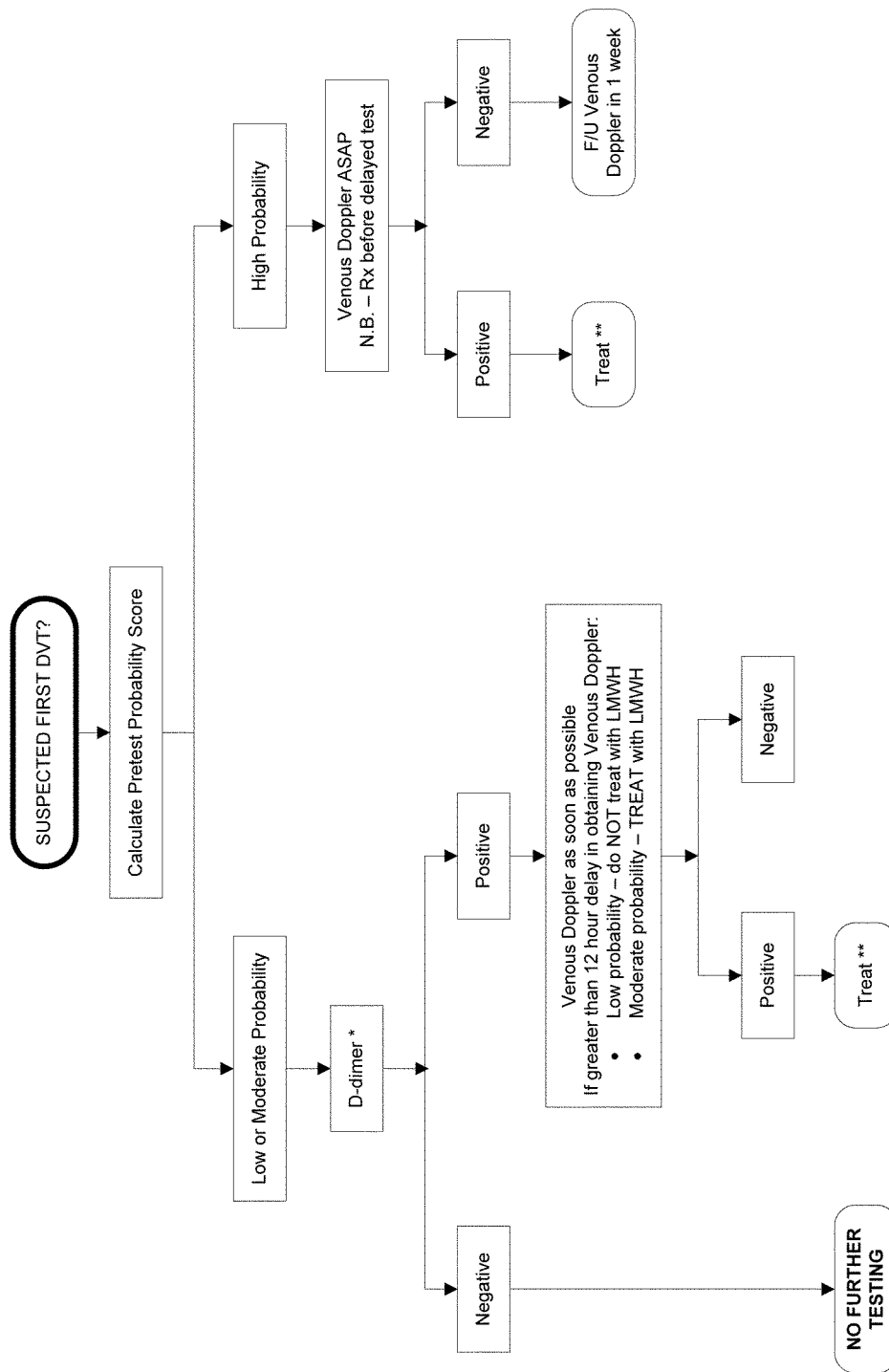
**Moderate Probability (Score of 1 or 2) and D-dimer positive**  
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Date: \_\_\_\_\_ Time: \_\_\_\_\_

\_\_\_\_\_ **MD SIGNATURE**



# Diagnosis of Deep Venous Thrombosis (DVT)



\* In addition to venous thrombosis, D-dimer may be positive in other situations where clot formation and breakdown occur, such as:

- DIC
- Postop patients
- Pregnancy
- Patients with bacteremia
- Patients in sickle crisis
- Some renal disease patients with glomerular fibrin disposition
- Acute MI or strokes

\*\* Calf Vein DVT:

- Treat calf vein DVTs when patients are symptomatic
- When patients are asymptomatic, repeat Venous Doppler in 7 days



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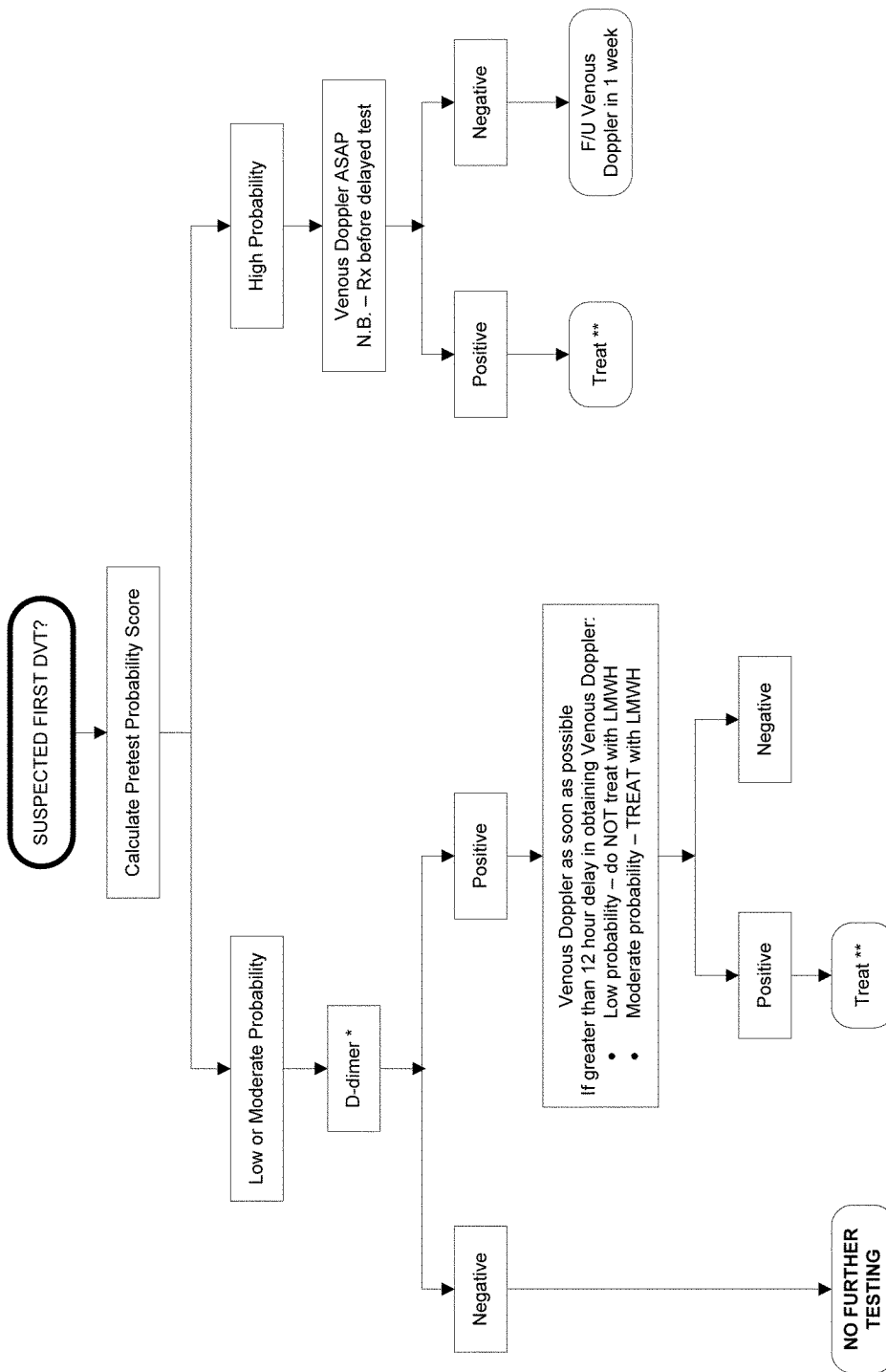
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