

Labour and Delivery

The goal in labour and delivery is to work with you and your family to have a safe and positive birthing experience. You will be assessed by a nurse in the labour assessment unit. This unit is located at the entrance of the postpartum unit. You will receive care in this area until a decision is made for you to be admitted to labour and delivery or to go home. The hours of this unit are 7:00 am – 7:00 pm.

Your significant other and only one other identified support person may be present during the labour and birth process. The identified support person will have a white identification band.

If you would like to have a sibling present, this must be discussed in advance with the physician and must be part of the birth plan.

Keeping your baby safe

While you are in the hospital, there are many ways that you can help us to keep your baby safe. Expect all hospital care providers to introduce themselves. They should tell you their name, their job and the role they have in your care. Each staff member should be wearing a photo identification badge. Do not give your baby to anyone without this identification.

Concerns?

If you have any concerns about your hospital stay that you are not able to discuss with your nurse, you can ask to speak to the nurse manager.



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Welcome to The Credit Valley Hospital Maternal Child Program



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World Class. Right Here.

***We believe that birth is a normal process.
Our care is “patient/family-centered”.
This means that the needs of
the mother, her baby and her family are
the focus of care.***

We care for each mother, baby and family together, as a unit. In this way, families can develop strong bonds with their new babies. There are times, however, when health concerns make it necessary for us to care for a mother and her baby separately.

We believe that women and their families are partners with their health care providers. We encourage you to take an active part in your care. To help you make informed decisions, we will give you information and support. We invite you to discuss your care with us and ask any questions that you may have.

You, your family and our health care team will work together to ensure we provide the best care to meet your individual needs.

Your health care team may include:

- Registered Nurses
- Doctors
- Lactation Consultants
- Nurse Practitioner
- Social Worker
- Psychologist

Information about your health care may be shared with other members of the team in order to provide the best care for you and your baby.

3C Combined Care

After the birth of your baby, you and your baby will be transferred to the 3C postpartum unit. On this unit care is provided for: women who have health risks or develop complications during pregnancy women after childbirth and their babies.

The nurses who work on 3C have specialized knowledge about pregnancy, postpartum and newborn care, and breast-feeding.

The mothers and babies are cared for together in the same room. This helps them get to know one another.

Visiting Guidelines for 3C Combined Care

Your partner/significant other and your identified support person, as well as siblings are welcome at any time. All others may visit during the regular visiting hours with a maximum of two persons at a time (excluding the partner). With the possible exception of the newborn’s siblings, other children under the age of 12 years are not allowed to visit.

Your partner/significant other can stay overnight with you. If you are in a semi private or ward room, your partner must ask your nurse to ask the other patient(s) in the room if they are comfortable with your request. Be prepared for interrupted sleep! Newborns need to feed often, about every 1 1/2 to 3 hours.

During your hospital stay you will be busy getting to know your baby and learning how to care for yourself and the baby. You need to rest as much as you can. Rest during the day, when your baby is quiet or sleeping. It is important that visitors only stay for a short time so that you can rest.

Special Care Nursery

If your baby needs specialized care, he or she may go to the special care nursery. This nursery provides care to babies who are sick, premature or have other health needs.

Visiting Guidelines in Special Care Nursery

Your partner/significant other and your identified support person as well as siblings are welcome at any time. They must be with one of the parents at all times.

All others may visit during the hospital visiting time, with a maximum of two persons at a time (excluding your partner/significant other). With the exception of the newborn’s siblings, other children under the age of 12 years, are not allowed to visit.

Please make sure that all visitors wash their hands before picking up your baby.

Please inform staff if any visitor has been exposed to any infectious diseases during the past month (specifically chicken pox, hepatitis, measles, mumps, rubella, or whooping cough) or if you or a visitor currently has a cold, fever, vomiting, diarrhea, rash or an infection of any kind.

Although, we realize the excitement that the birth of a new family member brings, we do not encourage children to visit Credit Valley Hospital. We are concerned about the health and safety of the newborn as well as the siblings. Hospitals are great places to pick up germs and we know that children touch everything and do not always wash their hands.